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Getting Started with MONAT Skincare



Follow these steps for beautiful, healthy skin!

Step One: **Cleanse**

Choose a cleanser that meets your skin type and just like our shampoo, cleanse your face **TWICE** using lukewarm water in a circular motion.

Step Two: **Prepare**

Use the Skin Revitalizing Essence. Warm in hands and apply to your face, neck & decolletage morning and night.

Step Three: **Target**

Age Control Nectar - Apply 1 to 2 pumps using an inward, outward and upward motion. Only apply at night.

Eye Smooth - Use after serum and before moisturizer. Gently apply under the eye using your ring finger from in to out. Then use the eye roller in the same in to out motion, lifting up the roller each time.

Berry Refine Scrub - Use this 1 to 2 times per week. You can leave it on for up to 5 minutes to use as a mask. Rinse with warm water and a wash cloth. Be sure and avoid the delicate eye area (*Use before applying the Nectar*).

Step Four: **Replenish**

Use the Moisturizer day & night. You can add a drop of Rejuvenique into your Moisturizer for added benefit! *If using the Be Gentle line, use regular Rejuvenique. If using the Be Balanced line, use the Rejuvenique Light.*